

Local Wellness Policy Assessment

In accordance with the Healthy, Hunger Free Kids Act of 2010, GTSS completed our triannual assessment of Our Wellness Plan in September 2019. GTSS utilized the WellSAT 3.0 (www.wellsat.org) quantitative assessment to help score and prepare our Wellness Committee for areas to improve. There are six sections required in all school Wellness Policies, and the WellSAT 3.0 assessment provides a comprehensiveness score and strength score for each section and the overall plan. It is important to note that the WellSAT scores should not be interpreted like letter grades (e.g., 80 = B). As of 2018, the average comprehensiveness score across the United States of America was 50, and the average strength score was 33.

GTSS is proud to report that the Total Comprehensiveness Score for our School Wellness Policy was 76 and our Total Strength score was 54. We received a comprehensiveness score of 50 or above in all six sections of the Wellness Plan assessment. However, some sections of our Wellness Plan had strength scores below 50. Based on these assessment results, GTSS will focus on improvement in our Wellness Plan in the categories of Physical Education and Physical Activity, Wellness Promotion & Marketing, and Standards for USDA Child Nutrition Programs.

Please see our full WellSAT Fall 2019 Assessment Results Below:

