

# Local Wellness Policy Assessment

In accordance with the Healthy, Hunger Free Kids Act of 2010, GTSS completed our triannual assessment of Our Wellness Plan in June 2024. GTSS utilized the WellSAT 3.0 ([www.wellsat.org](http://www.wellsat.org)) quantitative assessment to help score and prepare our Wellness Committee for areas to improve. There are six sections required in all school Wellness Policies, and the WellSAT 3.0 assessment provides a comprehensiveness score and strength score for each section and the overall plan. It is important to note that the WellSAT scores should not be interpreted like letter grades (e.g., 80 = B). As of 2018, the average comprehensiveness score across the United States of America was 50, and the average strength score was 33.

GTSS is proud to report that the Total Comprehensiveness Score for our School Wellness Policy was 100 and our Total Strength score was 99. We received a comprehensiveness score of 50 or above in all six sections of the Wellness Plan assessment. However, some sections of our Wellness Plan had strength scores below 100. Based on these assessment results, GTSS will focus on improvement in our Wellness Plan in the categories of Nutrition Standards for Competitive and Other Foods & Beverages. Using the WellSAT 3.0 Interview to assess implementation of our wellness plan, we determined that post-pandemic, there is also room for improvement in consistent practices outlined in our wellness policy. The committee recommended focused improvements in Nutrition Education, Physical Education & Physical Activity, and our Implementation & Evaluation practices.

Please see our full WellSAT Spring 2024 Assessment Results Below:

