



October 2024



Lunch Menu

Monday 30

Tuesday 1

Wednesday 2

Thursday 3

Friday 4

Jerk Chicken Tacos, Roasted Plantains, Mango Salsa, Rice and Peas, Mixed Greens, Fresh Fruit, Juice & Milk

Meatball Sandwich, Waffle Fries, Roasted Veggies, Mixed Greens, Fruit, Juice & Milk



Rosh Hashana

Pizza Friday!!!! Potatoes, Grilled Veggies, Turkey Pepperoni, Mixed Greens, Fresh Fruit, Juice & Milk

Monday 7

Tuesday 8

Wednesday 9

Thursday 10

Friday 11

Sloppy Joes, Waffle Fries, Roasted Broccoli, Mixed Greens, Fruit, Juice & Milk

Grilled Chicken Tacos, Black Bean, Corn & Tomato, Brown Rice, Salsa, Mixed Greens, Fresh Fruit, Juice & Milk

Early Dismissal!!! Bagged Lunches

Beef & Broccoli, Sautéed Peppers/ Onions, Udon Noodles, Fortune Cookies, Mixed Greens, Fruit, Juice, Milk

HBCU Event Bagged Lunches

Monday 14

Tuesday 15

Wednesday 16

Thursday 17

Friday 18

Grilled Chicken Sandwich, Green Beans, Tossed Salad, WG Potato Chips, Fresh Fruit, Juice & Milk

Grilled Chicken Tacos, Black Bean, Corn & Tomato, Brown Rice, Salsa, Mixed Greens, Fresh Fruit, Juice & Milk

Cheese Steak, French Fries, Glazed Carrots, Mixed Greens, Fruit, Juice & Milk

Vegetable Fried Rice w/ Chicken, Bok Choy, Fortune Cookies, Mixed Greens, Fruit, Juice & Milk

Pizza Friday!!!! Potatoes, Grilled Veggies, Turkey Pepperoni, Mixed Greens, Fresh Fruit, Juice & Milk

Monday 21

Tuesday 22

Wednesday 23

Thursday 24

Friday 25

Chicken Salad Sandwich, Fresh Carrots, WG Potato Chips, Mixed Greens, Fruit, Juice & Milk

Beef Tacos, Rice and Beans, Roasted Corn, Mixed Greens, Salsa, Cheese, Fruit, Juice & Milk

Early Dismissal!!! Bagged Lunches

Hot Dogs, Baked Beans, Potatoes, Roasted Broccoli, Mixed Greens, Fruit, Juice & Milk

Pizza Friday!!!! Potatoes, Grilled Veggies, Turkey Pepperoni, Mixed Greens, Fresh Fruit, Juice & Milk

Monday 28

Tuesday 29

Wednesday 30

Thursday 31

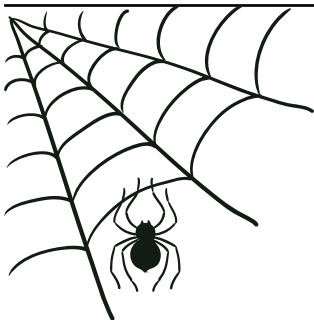
Friday

Chicken Patty Sandwich, French Fries, Green Beans, Fresh Fruit, Juice & Milk

Cheeseburger, French Fries, Salad, Fresh Fruit, Juices & Milk

Fish Sandwich, Sweet Potato Fries, WG Chips, Tossed Salad, Fresh Fruit, Juice & Milk

Hot Dogs, Baked Beans, Potatoes, Roasted Broccoli, Mixed Greens, Fruit, Juice & Milk



Transforming Lives • Impacting Communities

